

September 3rd, 2018

Hello everyone! Today I was reading through my devotional, "Jesus Calling", and the message was surrounded by the fact that there is one thing that remains the same in this world, it is not the boy or girl you like, it is not the sport you play or the art you pursue, it is not the friendships you think will last a lifetime, and, it is not even your family. Everyone and everything will let you down because we are human, we are not expected to be perfect. The one thing that DOES stay the same is God. The main passage comes out of Psalm 46:10, "Be still, and know that I am God", the Great I Am, the one we share our lives, hearts and thoughts with is the creator of the universe. He is also the one that will always be there through thick and thin. I have complete relief in my life and in knowing that no matter the course I may take, it is the right one for me and that the path that is less followed is sometimes the much better path in life. One thing that really stuck out to me also was this quote, "Communicate with me continually and I will put My thoughts into your mind.", and though this seems easy, it is extremely difficult to put our daily lives centered around God and to continue to think about him during the day. But, I have noticed when I do, my anxiety is low and I tend to enjoy life more and more. Our thoughts shift away from God very quickly and the second we bring our mind back to God, our thoughts become very clear.

I hope you all have a great week and soak in his presence all you can!

With love, Olivia Wall